

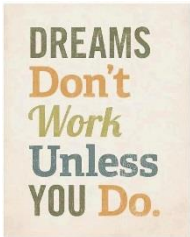


# Going For Goals


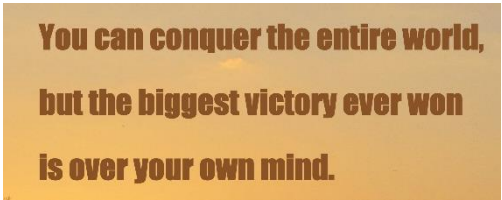



Theme	Sub – Themes	VIRTUES
Believing its possible	Not drawing limitations. Daring to dream Different types of goals	<ul style="list-style-type: none"> <li>▪ Being able to visualise</li> <li>▪ Being able to be patient</li> <li>▪ Being able to learn from mistakes</li> <li>▪ Being able to work with others</li> <li>▪ Being able to persevere</li> <li>▪ Being able to celebrate appropriately</li> </ul>
Setting a realistic goal	SMART targets Identifying strengths and weaknesses Difference between short and long term goals	
Planning to reach a goal	Identifying starting points Knowing how others can help Braking it down into stages	
Overcoming barriers	Identifying things that will stop me achieving Recognising importance of challenges Learning from mistakes	
Persistence	How to keep trying after failure Methods of self-motivation Visualisation	
Celebrating	How do you know when you are successful The effect of success on ourselves + and - Doing something to be proud of	
  		LINKS TO BRITISH VALUES <ul style="list-style-type: none"> <li>• an understanding of the importance of identifying and combatting discrimination</li> </ul>

# Be the best you

+ Anti - Bullying Week



Theme	Sub – Themes	VIRTUES
Knowing yourself	How do others see you? What we feel affects what we do Knowing when we learn best	<ul style="list-style-type: none"> <li>▪ Being able to be kind</li> <li>▪ Being able to be confident</li> <li>▪ Being able to stay safe</li> <li>▪ Being able to share expertise</li> <li>▪ Being able control self</li> <li>▪ Being able to be responsible</li> </ul>
Managing my feelings	Ways to calm down Knowing when you feel guilty. Stopping and thinking when angry	
Looking after myself	Keeping clean SRE Self-image and media stereotypes	
Working with others	Being a team player Understanding how I can hurt others Being able to tell if others are happy or sad	
Making healthy choices	Balanced diet Harmful substances Making informed choices	
Being responsible	Being responsible for own behaviour Knowing how to deal with guilt ICT safety	
  		<b>LINKS TO BRITISH VALUES</b> <ul style="list-style-type: none"> <li>• enable students to develop their self-knowledge, self-esteem and self-confidence.</li> <li>• encourage students to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely.</li> </ul>

# Wide World



Theme	Sub – Themes	VIRTUES
Know how diverse the world is.	Recognising and challenging stereotypes Factors affecting difference race, culture religion etc. Links between countries cultures etc.	<ul style="list-style-type: none"> <li>▪ Being able to accept things</li> <li>▪ Being able to respect others</li> <li>▪ Being able to be fair</li> <li>▪ Being able to compromise</li> <li>▪ Being able to be proud</li> <li>▪ Being able to see things from another's point of view</li> </ul>
Celebrating difference	The range of ethnic/religious identities in UK How difference can enrich cultures Compare lives of children different cultures/beliefs	
Respect, rights and responsibilities	UN Human rights Class/School rules Know some cultural practices against UN and UK law	
Understanding democracy	Disagreeing with somebody without falling out Being a good listener Why people vote	
Kernow	Belonging – cultural identity Feeling valued What is special about Cornwall?	
Empathising with others Radicalisation	Giving and accepting compliments Seeing things from another's point of view Constructive debate and discussion	
<div> <p>"STRENGTH LIES IN DIFFERENCES, NOT IN SIMILARITIES"</p> <p>"WE ALL HAVE DIFFERENT INSPIRATIONS, BUT ONE GOAL: A BETTER WORLD."</p> <p><i>Peace cannot be achieved through violence, it can only be attained through understanding.</i> ~ Ralph Waldo Emerson</p> </div>		<p>LINK TO BRITISH VALUES</p> <ul style="list-style-type: none"> <li>•tolerance and harmony between different cultural traditions by enabling students to acquire an appreciation of and respect for their own and other cultures.</li> <li>• encourage respect for other people.</li> <li>• an understanding of how citizens can influence decision-making through the democratic process.</li> </ul>

# Journeys



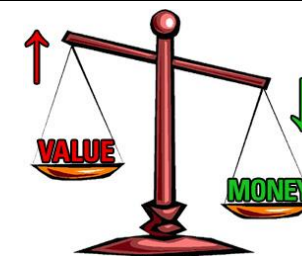
Theme	Sub – Themes	VIRTUES
Growing up	How people change Knowing how change can make us feel Dealing with anxiety	<ul style="list-style-type: none"> <li>▪ Being able to be prepared</li> <li>▪ Being able to take risks</li> <li>▪ Being able to make sensible choices</li> <li>▪ Being able to show sympathy</li> <li>▪ Being able to forgive</li> </ul>
Making choices and decisions	Thinking about consequences Coping with something new Taking risks	
Peer Pressure	Responding in an assertive way Drugs education When not to keep secrets	
Travelling together	What makes a good friend Civil partnerships and marriage Different types of relationships	
Coping with loss and arrivals	Helping someone with a worry Separations and bereavements It is OK to feel sad	
Moving on	Resolving conflict Dealing with conflicting emotions How regret can negatively affect people	
  		<p>LINK TO BRITISH VALUES</p> <ul style="list-style-type: none"> <li>• an appreciation that living under the rule of law protects individual citizens and is essential for their wellbeing and safety.</li> </ul>


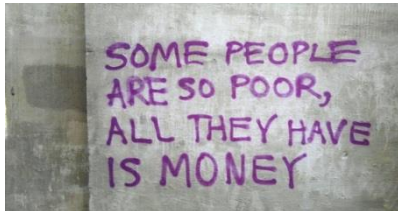
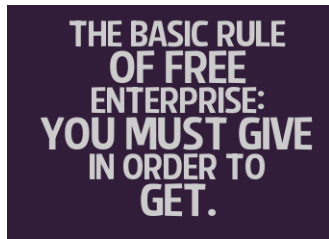
# Footprints



Theme	Sub – Themes	VIRTUES
Spaceship Earth	Miracle planet only known life Understanding idea of finite resources Importance of food, water, oil	<ul style="list-style-type: none"> <li>▪ Being able to use resources wisely</li> <li>▪ Being able to be optimistic</li> <li>▪ Being able to think critically</li> <li>▪ Being able to make connections</li> <li>▪ Being able to recognise nature's beauty</li> <li>▪ Being able to turn beliefs into action</li> </ul>
Energy Saving	Climate change Carbon Footprint How electricity is produced	
Where my food comes from	Local production Air miles Ethical production	
Developed and Developing	Which countries pollute the most Where are the wild spaces left Global responsibility of developed countries	
Biodiversity	Extinction rates Importance of all organisms – food webs Disappearing habitats	
How I can make a difference	Thinking globally acting locally Developing school grounds/home Problems with transport (walk to school week?)	
  		LINK TO BRITISH VALUES <ul style="list-style-type: none"> <li>• encourage respect for democracy and support for participation in the democratic processes, including respect for the basis on which the law is made and applied in England.</li> <li>• enable students to distinguish right from wrong.</li> </ul>

# What's It Worth?



Theme	Sub – Themes	VIRTUES
Why do we have money?	Dangers of money – greed. What is worth more money/happiness Other ways of trading	<ul style="list-style-type: none"><li>▪ Being able to recognise the value of things</li><li>▪ Being able to to save for the future</li><li>▪ Being able to think creatively</li><li>▪ Being able to share things</li><li>▪ Being able to be charitable</li><li>▪ Being able to know how own choices affect others.</li></ul>
Creative enterprise	Working as a team Good ideas for businesses Financial planning	
Spending and saving	Dangers of debt Understanding how to cost projects Know how saving can secure future interests	
Inequality in distribution of wealth	Global economy Why some countries are wealthier than others Distribution of wealth in Britain.	
Why some people work for free	What is a charity? Which causes are most important to you? The concept of giving something back	
What can I do? - Fair trade.	Knowing about profit distribution Britain’s trading partners How cooperatives work Being a critical consumer	
<div></div>		<b>LINK TO BRITISH VALUES</b> <ul style="list-style-type: none"><li>• an acceptance that other people having different wealth (or having none) should be accepted and should not be the cause of prejudicial or discriminatory behaviour.</li></ul>