

FREE SUPPORT for parents, carers and families
Camborne, Redruth, Treloweth, Lizard Peninsula, Helston

Course Programme Spring 2019

WILD – Young Parents Project

Redruth Family Hub – Wednesdays **1.30pm-3.30pm**
Camborne Family Hub – Tuesdays **12.15pm-2.15pm**

OASIS – for families who have children with additional needs (drop in)

Helston Family Hub – 4th Tuesday of the month
1pm-3pm

Living with Parents

Helston Family Hub
 Tuesday 2nd April **10am – 3pm**
Redruth Young People's Centre
 Wednesday 10th July **10am – 3pm**

Time Out for ASD

Helston Family Hub
 Fridays 1st Mar – 5th Apr
9.30am-12pm

Take 3

Redruth Family Hub
 Wednesdays 24th Apr- 3rd July (not in half term)
6pm-8pm
Helston Family Hub
 Thursdays 25th Apr-4th July (not in half term)
12.30pm – 2.30pm

Passionate about ADHD

Helston Family Hub
 Tuesdays 30th Apr- 11th June
9.30am – 12pm

Ready, Steady...Eat! An introduction to solid food.
To book ring 01209 615600

Helston Family Hub
 Tuesdays 12th Mar, 14th May, 9th July
1.30pm-3pm
Redruth Family Hub
 Fridays 22nd Feb, 26th Apr, 28th June
9.30am-11am
Camborne Family Hub
 Fridays 22nd Mar, 24th May
9.30am-11am

Being Passionate About Parenting 5-11yrs

St Michaels School, Helston
 Wednesday 6th Mar **9.30am – 2.30pm**
Pennoweth School, Redruth
 Wednesday 1st May **9.30am – 2.30pm**

Bump to Baby – ante natal classes

Helston Family Hub – Mondays
 11th-25th Mar, 1st-15th Apr, 3rd-17th June, 1st-15th July, 7th-21st Oct, 2nd-16th Dec **5pm-7.30pm**

Redruth Family Hub – Fridays

15th-29th Mar, 5th-19th July, 4th-18th Oct, 6th-20th Dec
2pm-4.30pm

Camborne Family Hub – Wednesdays

8th-22nd May, 7th-21st Aug, 4th-18th Sept, 6th-20th Nov
5pm-7.30pm

Incredible Years 0-12 months

Troon Family Hub
 Fridays 1st Feb-15th Mar (not in half term)
9.30am-11.30am

Incredible Years 1-3 years

Camborne Family Hub
 Mondays 13th May – 22nd July (not in half term)
9.30am-11.30am

Incredible Years 3-5 years

Treloweth Family Hub
 Thursdays 25th Apr – 18th July (not in half term)
9.30am – 11.30am

Incredible Years 6-11 years

Troon Family Hub
 Wednesdays 24th Apr – 17th July (not in half term)
9.30am-11.30am

Challenging Behaviour Support Group

Dolcoath Council Offices GW:02
 Tuesdays
 26th Feb, 9th Apr, 18th June, 15th Oct, 17th Dec
10am – 12pm

Passionate about the Spectrum

Redruth Family Hub
 Tuesdays 4th June – 16th July (not in half term)
9.30am – 12pm

To request a place you can go online at
www.supportincornwall.org.uk

Click on 'Request for Help,' then on the request for help form on the right. Complete, save & email to
earlyhelphub@cornwall.gov.uk

For more information please contact
Early Help Hub 01872 322277