

FREE SUPPORT for parents, carers and families
Hayle, St Ives and Penzance



Course Programme Spring/Summer 2019

WILD – Young Parents Project

The Lescudjack Centre, TR18 3PE

Thursdays – 10am-12pm

Call Becky for information – 07795 034864

OASIS – Face 2 Face - for families who have children with additional needs (*drop in sessions*)

The Lescudjack Centre, TR18 3PE

Face2Face Support group (drop in)

Monday – 4th Mar, 1st Apr

1-2.30pm

Hayle Family Hub, TR27 4ND

Face2Face Support group (drop in)

Monday – 25th Feb, 18th Mar, 29th Apr

9.30-11.30am

Passionate about ADHD

Hayle Family Hub, TR27 4ND

Tuesday 4th June-16th July 6pm – 8.30pm
(not half term)

Passionate about the Spectrum

St John's Hall, Alverton St, Penzance TR18 2QR

Fri 10th May – 21st June 9.30am-12pm (not half term)

Being Passionate about Parenting

St John's Hall, Alverton St, Penzance TR18 2QR

Monday 29th April – 9.30am-2.30pm

Hayle Family Hub, TR27 4ND

Tuesday 25th June – 9.30am-2.30pm

Ready, Steady... Eat! An introduction to solid food

To book ring 01209 615600

Healthyunder5s@cornwall.gov.uk

Penzance Family Hub, TR18 2QP

Tuesday 12th Mar, 9th Apr, 14th May, 11th June, 9th July 10-11.30am

Hayle Family Hub, TR27 4ND

Monday 18th Mar, 20th May 1.30-3pm

St Ives Community Clinic, The Stennack, TR26 1RU

To request a place you can go online at

www.supportincornwall.org.uk

Click on 'Request for Help,' then on the request for help form on the right.

Complete, save & email to

earlyhelphub@cornwall.gov.uk

Bump to Baby – antenatal classes

Please call 01736 759058 for information and booking

Hayle Family Hub, TR27 4ND

Thursday – 14th – 28th March 9 30am-12 midday

Friday 26th July-9th Aug 9.30am-12pm

Shekinah Centre, Penzance TR18 2AA

Wednesday 10th – 24th April 2-4.30pm

St Ives Family Hub, TR26 1DJ

Tuesday – 19th Feb – 5th March 3.30-6pm

Tuesday – 30th April – 14th May 3.30-6pm

Incredible Years 0-6/6-12 months

Hayle Family Hub, TR27 4ND

Mon 13th May – 24th Jun 9.30am–11.30am

Incredible Years 1-3 years

Penzance Family Hub, TR18 2QP

Thursday 2nd May-11th July 9.30-11.30am (not half term)

Incredible Years 3-5 years

Penzance Family Hub, TR18 2QP

Fridays 26th Apr-19th July 12:30 – 14:30 (not half term)

Incredible Years 6-11 years

Hayle Family Hub, TR27 4ND

Wed 24th Apr-17th July 6pm – 8pm (not half term)

Take 3

Hayle School

Thursday 25th Apr-4th July 10am-12pm (not half term)

Living with Parents

Hayle Family Hub, TR27 4ND

Friday 28th June 10am-3pm

Challenging Behaviour Support Group

St John's Hall, Alverton Street, Penzance TR18 2QR

19th Mar, 21st May, 23rd July, 17th Sept,

19th Nov

10am-12pm

For more information and Request Forms please contact

Early Help Hub 01872 322277